**FOR IMMEDIATE RELEASE**

Date: February 21, 2018

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Subject: Oral Health

**Traverse City** – Our older population is one of the fastest growing segments of the United States and is also the most at risk for dental health. As bodies age, they develop a unique set of dental health needs. Oral health for seniors seems to be one of the personal hygiene steps that can be forgotten. Since dental health is connected to whole-body health, it’s important to give it a priority.

Join Jennifer Kerns, BS, RDH, Dental Outreach Coordinator for Northwest Michigan Health Services, Inc., for a discussion on how dental care can affect one’s overall health. She will also explain how keeping one’s smile healthy can be affordable.

The Oral Health presentation by Jennifer Kerns will take place at two of the Grand Traverse County Senior Center Network locations – at the Golden Fellowship Hall in Interlochen, 9700 Riley Road, on Thursday, February 22, 12:30 p.m. and in Kingsley, 115 E. Blair Street, on Wednesday, February 28, 12:30 p.m.

Northwest Michigan Health Services (NMSHI) provides culturally appropriate primary medical and dental care in Northwest Michigan, regardless of income, occupation, age, ethnicity or country of origin. NMSHI is not-for-profit 501(c)(3) and is one of 40 Federally Qualified Health Centers in Michigan.

The Oral Health events are free, but advance registration is required.

For more information, email dmikowski@grandtraverse.org or call 231-922-4911.

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