*FOR IMMEDIATE RELEASE*

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Subject: Mah Jongg Lessons Offered at Senior Center

Do you know what a “bam” is? How about a “crak”? These terms are both used during the ancient Chinese game of Mah Jongg. Learn more during Mah Jongg lessons offered at the Senior Center in Traverse City. The 4 week session will begin Thursday, April 2, at 1:30 pm – 4:30 pm. For just $10, each participant will learn to how to set up and shuffle the tiles and interpret score cards to match tiles and create a winning hand. Once players learn all the proper rituals and rules for this exciting game, they are welcome to join regularly scheduled game play sessions. Advance registration is required. Questions? Please call 231-922-4911.

The Senior Center Network is part of the Grand Traverse County Commission on Aging – “Caring for those who cared for you” for 40 years.

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The Senior Center Network is part of the Commission on Aging, “Caring For Those Who Cared For You.” The Network provides many programs to older adults in Grand Traverse County. There are locations in Traverse City, Acme, Fife Lake, Interlochen and Kingsley. Thousands of seniors enjoy dozens of activities on a daily basis. Business hours are Monday – Friday 8 am – 5 pm. Call 922-4911, check our website or FaceBook page for more information.