FOR IMMEDIATE RELEASE

Date: October 21, 2015
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Remembering County Senior Citizens During the Holidays

Do you know a senior citizen who will be alone for the Holidays? The Commission on Aging can make their holiday season merrier by providing a gift package. Gift packages may include food, paper products, personal hygiene items and pet supplies. If you know of a Grand Traverse County resident, 60 years of age or older, alone for the Holidays, this program might be for them.

Please call our office at 231-922-4688 or toll free 1-877-686-4688

The GTCOA is seeking donations.

Items needed include:

- Nonperishable food items (Please no expired food items).
  Canned chicken, tuna fish, vegetables, fruit and apple sauce, pudding cups.
  Canned Hearty soups, beef stews, spaghetti sauce and peanut butter and jelly.
  Instant Oatmeal, macaroni & cheese, rice and noodle side dishes and packaged spaghetti noodles.

- Paper goods, paper towels, kleenex, toilet paper and puzzle books.

- Toothpaste, toothbrushes, shampoo, conditioner, band aids, body lotion, hand soap, dish soap, laundry detergent.

- Bedding such as twin, full or queen sheet sets.

- Cat and Dog treats

- Donations are tax deductible, Please make checks payable to Grand Traverse County Commission on Aging, Cash donations are also accepted.

All donations will be accepted through Friday, December 4th, 2015 at the Commission on Aging office located at 520 W. Front St., Traverse City. Office hours are from 8am until 5pm.

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