*FOR IMMEDIATE RELEASE*

Date: Friday, January 15, 2016  
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Subject: How to Live with Heart Failure

About 5.1 million people in the United States have heart failure according to the Centers for Disease Control. Fortunately for area residents, on Wednesday, February 17 at 10:30 am, the Senior Center Network at 801 E Front St, Traverse City will be hosting a special presentation by Mary Beth Hardwicke, M.D., in which she addresses heart failure. Dr. Hardwicke will explain just what heart failure is and what can be done to make it a "livable" disorder.

Visit grandtraverse.org/scn for more information and for recent blogs by Dr. Hardwicke on vitamins, cholesterol and behavioral issues in dementia. Advance registration is encouraged for this free presentation; please call 231-922-4911 or email dmikowski@grandtraverse.org.

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