



801 E. Front Street, Traverse City, Michigan 49686 231-922-4911

www.grandtraverse.org/scn

FOR IMMEDIATE RELEASE

Date: Tuesday, March 29, 2016

Contact Person/Title: Ericca Hovie, Program Coordinator

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Subject: Understanding Vertigo

One in three adults has some type of balance or dizziness problem, or vertigo. During the “Understanding Vertigo” program at the Senior Center in Traverse City on Tuesday, April 19 at 3:30 p.m., Fyzical Therapy will present information about common causes, treatment, and prevention of dizziness.

“Vertigo is a frustrating issue that affects many,” said Senior Center Program Coordinator Ericca Hovie, “and through the Senior Center Network’s partnership with Fyzical Therapy, we hope to bring knowledge, hope, and relief to those suffering from this condition.”

Advance registration required. For more information, please call 231-922-4911.

Lori Wells, Manager

Grand Traverse County Senior Center Network

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The Senior Center Network is part of the Grand Traverse County Parks and Recreation Department. The Network provides many programs to older adults in Grand Traverse County with locations in Traverse City, Acme, Fife Lake, Interlochen, and Kingsley. Thousands of adults enjoy dozens of activities on a daily basis. Business hours are Monday through Friday from 8 a.m. to 5 p.m. For more information, call 231-922-4911, or visit our website or Facebook page.