



GRAND TRAVERSE COUNTY

COMMISSION ON AGING

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MEDIA RELEASE

DATE: May 10, 2016

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NMC BBQ – Home Delivered Meals

Traverse City, MI – Grand Traverse County senior citizens can enjoy a home delivered NMC BBQ lunch from the Northwestern Michigan College Barbecue with the help of Grand Traverse County Commission on Aging staff, who will coordinate the BBQ meal delivery.

The 61th annual NMC Barbecue is **Sunday, May 22, from 11:00 a.m. to 5:00 p.m.** Any senior citizen (age 60 and older) who is homebound and lives in Grand Traverse County may receive an NMC BBQ meal delivered through the combined efforts of the Commission on Aging staff, community volunteers, and NMC.

Home Delivered meals are \$6.00. Reservations for the meals can be made by stopping by our office or mailing your \$6.00 payment to 520 W. Front St., Traverse City, MI 49684 beginning Monday, April 11th. Make your checks payable to the **NMC Foundation. Reservations and payment must be made by 5:00 p.m. on Wednesday, May 18th.** Meals are scheduled to be delivered on Sunday, May 22nd, during the times of **11:00 a.m. - 1:00 p.m** and you must be home to receive your meal.

For information regarding a home delivered NMC BBQ meal, call the Grand Traverse County Commission on Aging office at (231) 922-4688.
