






# MARCH



<p>2 Roast Beef &amp; Gravy Mashed Potatoes Prince Charles Vegetables Banana Bread Chocolate Pudding</p>	<p>3 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans Almandine Pineapple Tidbits Dinner Roll</p>	<p>4 Lemon Chicken Rice Pilaf Beets Fresh Broccoli &amp; Cauliflower w/dip Diced Peaches Bread <b>Kingsley: Bday Dessert</b> <b>Fife Lake Lunch</b></p>	<p>5 Penne Pasta w/meat sauce Mixed Vegetables Butternut Squash Sweet Cherries Bread Fruit Crisp <b>Interlochen: Bday Dessert</b></p>	<p>6 Baked Fish Ranch Potato Wedges Carrots Fresh Pear Dinner Roll</p>
<p>9 Stuffed Green Pepper w/Meat Sauce Scalloped Potatoes Capri Vegetable Blend Pineapple Tidbits Dinner Roll</p>	<p>10 BBQ Pulled Pork On a Bun Roasted Red Potatoes Mixed Vegetables Diced Pears</p>	<p>11 Chicken w/ Mushroom Gravy Rice Pilaf Dilled Carrots Three Bean Salad Oranges, Bread <b>Kingsley: See March 17<sup>th</sup> St. Patrick's lunch</b></p>	<p>12 Shepherd's Pie Mashed Potatoes Prince Charles Vegetables Tropical Fruit Salad Biscuit <b>Interlochen: See March 17<sup>th</sup> St. Patrick's Lunch</b></p>	<p>13 Macaroni &amp; Cheese Green Peas Stewed Tomatoes Diced Peaches Bread Fruit Crisp <b>Traverse City: Bday Dessert</b></p>
<p>16 Sloppy Joe on a Bun Rosemary Potatoes Mixed Vegetables Apple Slices</p>	<p>17 <b><u>St. Patrick's Day</u></b> Corned Beef Cabbage Red Skin Potatoes Dinner Roll Mixed Fruit Green Jell-O </p>	<p>18 Meatloaf Mashed Potatoes w/Gravy Dilled Carrots Banana Dinner Roll <b>Fife Lake: Bday Dessert</b></p>	<p>19 Sweet &amp; Sour Pork Brown Rice Midori Vegetable Blend Broccoli Salad Diced Pears Bread</p>	<p>20 Pasta w/Marinara Sauce &amp; Mozzarella Cheese Green Beans Butternut Squash Cottage Cheese Pineapple Tidbits Dinner Roll</p>
<p>23 Turkey and Gravy Red Skin Mashed Potatoes Dilled Carrots Blueberries Dinner Roll</p>	<p>24 Meatball Sub Sandwich Capri Vegetable Blend Diced Beets Fresh Pear</p>	<p>25 Goulash Corn Green Beans Warmed Sliced Peaches Brownie</p>	<p>26 Stuffed Cabbage Rolls w/Meat Sauce Mashed Potatoes Succotash Banana, Dinner Roll <b>Interlochen: See March 30<sup>th</sup> Tigers Opening Day</b></p>	<p>27 Cheese Omelet Hash Browns Stewed Tomatoes Apple Slices English Muffin</p>
<p>30 <b>Tigers Opening Day Lunch</b> Hot Dog Potato Salad Chips</p>	<p>31 Grilled Hamburger on a bun Ranch Potato Wedges Baked Beans Orange</p>			

Milk is served with all meals. This menu is subject to change.

The Michigan Department of Aging and Adult Services provide the regulations regarding this menu.

**In Traverse City, reserve or cancel meals by noon the day before (24 hour advanced notice) by calling 231-947-5285; For Kingsley and Interlochen, call 231-922-4911 by Monday of the week you would like to reserve; for Fife Lake, call 231-879-4101 by Friday of the week prior to the day you would like to reserve.**