



801 E. Front Street, Traverse City, Michigan 49686

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***Making longer lives, better lives.***

Week of June 22, 2020

Dear Senior Center Friends – Curbside Meals Week Fourteen:

**New this week: Produce is BACK!**

We are distributing boxes of fruit and boxes of vegetables today, thanks to a grant with the State of Michigan to provide fresh produce to older Michiganders! These boxes are welcomed by many and we've been trying to get them out to those in need. We are never quite sure, when they will arrive, how many will arrive, what will arrive or even how they will arrive. Thank you for your patience and grace as we do our best to get the information out to you as quickly as we are able. Remember, we have "Q-boxes" (shelf-safe, pantry items) available as well. If you would like to get one of these boxes, please call the Senior Center at 922-4911 to make an appointment. These boxes have canned fruit, vegetables, pasta, pasta sauces, oatmeal, cornflakes, tuna, chicken and much more!

**THEME of the WEEK:** Weddings! Leslie reminded me that it is good luck to have rain on your wedding day – and as I write this, they are calling for thunderstorms during curbside pickup! So if you see us dressed as brides and grooms dancing in the rain – well, Good Luck!!

**NEXT WEEK'S THEME:** Picnics and Fourth of July! Wear your Red, White, and Blue and celebrate the U.S.A.!

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals were given to you with instructions on how to make a donation to cover cost, if you are inclined to do so. **NO OBLIGATION!** Please do not let your ability to make a donation hinder you from getting these meals. We want to serve YOU!!

*Lori Wells*

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